

Resource Series

# Drug & Alcohol Resources

**NANAIMO AREA**



Alcoholics Anonymous

Unit 212-285 Prideaux St  
Nanaimo, BC 753-7513

Discovery Youth & Family

Addiction Services  
#206-96 Cavan St  
Nanaimo, BC 739-5790

Alcohol & Drug Services

3151 Barons Road  
Nanaimo, BC 739-5880

Mental Health & Addictions

Walk in clinic, Brooks Landing  
203—2000 Island Highway  
250 755-3310 hrs. 10 am—7 pm

Snuneymuxw Health Center

668 Centre Street  
Nanaimo, BC 740-2337

Tillicum Lelum Health Centre

602 Haliburton Street  
Nanaimo, BC 753-6578

Salvation Army

19 Nicol Street, Nanaimo, BC  
754-2621

BCA&D Information & Referral Services

1 800 663-1441

**PARKSVILLE & QUALICUM**



Parksville Mental Health & Addiction Services

249 West Hirst, Parksville  
248-8300

Discovery Youth & Family Addiction Services

250 927-2956  
250 947-8215 direct line

Alcohol Anonymous

1-800-883-3968 www.aa.org

Narcotics Anonymous

1-818-773-9999 www.na.org

**DUNCAN AREA**



Alcohol and Drug Counselling

3045 Gibbins Road  
Duncan, BC  
(250) 709-3030

Ts'eWulhtun Health Centre

Cowichan Tribes 746-6184

Discovery Youth & Family

Addiction Services  
250 748-0232

**OTHER**



Your family doctor can provide you with important information about effects of drug and alcohol use.

- ◇ If you are going into withdrawal Call the Crisis Line

Crisis Line

- ◇ Cowichan 748-1133
- ◇ Nanaimo 754-4447
- ◇ District 69 248-3111

