

Disability Services Resource Library

ADD and ADHD

1. ADD and the College Student:

Includes chapters covering:

- Succeeding in College
- Learning Accommodations at College
- Choosing a Program That's Right for You
- How Do You Know You Have ADD?

2. ADHD and the Nature of Self Control

Covers such issues as: neurological and genetic factors, symptoms, cognitive impairments and situational factors.

3. Comprehensive Guide to ADD:

This volume provides information from psychologists and physicians on the most current treatment issues. Additionally other chapters cover students with ADD in post-secondary education and the impact of ADD on the family.

4. Survival Guide for College Students with ADD and LD:

Practical tips and advice for college students in terms of selecting an appropriate major, scheduling classes, study tips, time management and minimizing distractions.

5. The ADD Intervention Manual:

Contains over 150 detailed sheets of strategies for assisting you with your students (everything from students who turn in incomplete or inaccurately finished assignments to students who are unable to work appropriately with others in dyads or groups).

6. You Mean I'm Not Lazy, Stupid or Crazy?

The first self-help book written by adults with ADD for adults with ADD. This comprehensive guide offers practical information including the impact of growing up with ADD and what steps to take once diagnosed with ADD.

7. Teaching the Tiger:

For students with OCD, ADD and Tourette's

8. Women with ADD:

Diagnosis, seeking help, first-hand accounts.

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Autism/Aspergers Syndrome

1. Aspergers Syndrome – Practical Strategies for the Classroom:

In this guide core impairments such as communication, emotional difficulties, and rigidity are covered in addition to other difficulties experienced at school.

2. Visual Perceptive Problems in Association with Autism, ADHD, ADD & Other LD's

3. Aspergers Syndrome: A Different Mind:

This DVD explores different learning styles of adults and children with A.S. Students discuss the challenges they have faced in the education system.

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Learning Disability

1. About Dyslexia:

Common patterns of strengths and challenges from early childhood through adulthood.

2. Complete Learning Disabilities Handbook:

Ready to use strategies & activities for teaching students with learning disabilities.
Sample lessons and practical suggestions.

3. LD Intervention Manual:

Over 80 pages of helpful strategies for Instructors working with students with a learning disabilities, such as how to assist the student

- who is having difficulty concentrating
- who does not read independently
- fails to finish assignments because of reading difficulties
- omits, substitutes or adds words when writing.

4. Learning Together: A Handbook for Teaching Adults with LD:

covers a wide variety of topics including: understanding students with learning disability, evaluating students and developing alternative strategies and techniques.

5. Teaching, Learning Strategies and Study Skills:

To assist students with LD, ADD or special needs. Chapters covered include:

- reading and taking notes from textbooks
- preparing for and taking tests
- taking notes in class
- interpreting graphic aids (tables, flow charts, diagrams).

6. Teaching Students with LD in the Regular Classroom:

Various ways to challenge and motivate struggling students to achieve proficiency with required standards. Includes list of reproducible pages (e.g. paragraph organizer, simple mapping, how to prepare for a test).

7. Learning How to Learn:

Getting into and surviving College when you have a learning disability

- steers students through the process of preparing for college and university and succeeding academically.
- advice on advocacy

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Mental Health:

- 1. Community Mental Health:**
Redefines the relationship between mental health consumer and educator. Covers such topics as grief, drug abuse, alcoholism, violence and suicide.
- 2. DSM IV Made Easy:**
Excellent resource with detailed diagnosis and clear outline of symptoms and treatments.
- 3. Mental Health (video):**
This film follows the daily challenges of a university student in Ontario.
- 4. Taming Bipolar Disorder:**
Diagnosis, risk of substance abuse, navigating the health care system.
- 5. Mental Health and LD in the Regular Classroom:**
 - how to recognize, understand and help challenged students succeed.
 - helpful hints for educators working with students with a diagnosis of:
 - OCD
 - General Anxiety Disorder
 - Social Anxiety Disorder
 - Post Traumatic Stress Disorder
 - Bipolar
 - Depression
 - Aspergers
 - Eating Disorders
 - Self Injury
 - Reading Disability
 - Writing Disability
 - Math Disability
 - Receptive Expressive Language Disorder

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Video:

1. The Impossible Takes a Little Longer:

The resourcefulness of five women with disabilities who have overcome barriers in their personal and professional lives.

2. Safer for Women....Safer for Everyone:

Focusing on safety on campus.