



VANCOUVER ISLAND UNIVERSITY

PROPOSAL FOR A 6-WEEK 2011 PROGRAM HIGH SCHOOL STUDENTS

MALASPINA HIGH SCHOOL AT VANCOUVER ISLAND UNIVERSITY (VIU)

Malaspina High School is a privately funded high school located on the campus of Vancouver Island University (VIU), and welcomes up to 100 international and Canadian students each year. Malaspina High School offers students the opportunity to study on a university campus and access all the resources that are provided to university students, such as library services, gymnasium, and language/math assistance centers.

Vancouver Island University is a government-funded institution located on central Vancouver Island in British Columbia. More than 11,000 full-time students are enrolled in academic, career/technical and vocational programs, and on an annual basis more than 25,000 students take general interest courses. VIU has a long history of involvement in international education, and has assisted individuals and groups from many countries with specialized courses and programs. In addition, VIU faculties have been involved in development contracts and collaborative projects in Central America, Africa, Europe, the Caribbean and Pacific Rim countries.

The high school and university are located in Nanaimo, on the scenic east coast of Vancouver Island in the heart of western British Columbia's tourism area. Nanaimo is a city of 85,000 people and has a mild climate, which allows for a variety of summer and winter recreational activities.

For more information on Malaspina High School see the website at www.viu.ca/highschool or for Vancouver Island University, see the website at www.viu.ca

PROGRAM DESCRIPTION

- The program develops intellectual, personal, emotional and social skills during a west coast Canadian experience.
- Students will have fun, make friends and be confident.
- Malaspina High School, Vancouver Island University and Beautiful British Columbia are our classrooms.
- Love Where you Learn

PROGRAM COMPONENTS

1. Classroom

All classes and activities are in English (Canadian). ☺

Students are assessed to determine their level of understanding. The classes will challenge students and encourage international-mindedness and a positive attitude to learning.

Our classrooms are huge! We base ourselves at Vancouver Island University's own high school and enjoy all the resources of the campus. Much of the fun and learning takes place on Vancouver Island and Beautiful British Columbia.

Have a look at our classrooms:

www.viu.ca

www.tourismnanaimo.org

2. Themes

Each week includes a theme: Tourism, Arts (Music, Drama), Food, Sport and Leisure, and Environmental Systems and Societies.

3. Canadian Culture

Participants will look at various aspects of Canadian culture (environment, arts, crafts, sports, music) and family life. They will gain a better understanding of Canada by comparing what they see here to life in their home country.

ACTIVITY PROGRAM

These Field trips will give the students an opportunity to explore a variety of areas on Vancouver Island and British Columbia. Some examples of day trips are listed below with websites.

Coombs and Cathedral Grove: Enjoy a unique farmer's market and the majesty of Cathedral Grove.

www.oldcountrymarket.com

www.cathedralgrove.eu

Newcastle Island: is a protected and pristine green space, accessible by passenger ferry, with more than 15 km of well-marked interpretive trails that wind through shady forests, past First Nations historic sites, into idyllic bays and around a lake.

www.newcastleisland.ca

Dragon Boat Races: Learn about the ocean, paddle technique, and compete in an exciting race off the protected waters of Nanaimo harbour.

www.nanaimodragonboat.com

Victoria: Participants will travel to *Victoria*, the beautiful capital of British Columbia, where they will visit the Royal B.C. Museum, which has many excellent displays including a turn-of-the-century village, natural history models of forests and the seashore and a section of the First Nations people of British Columbia. Students will have free time to explore many of Victoria's popular tourist areas or shops.

www.tourismvictoria.com

Vancouver: Participants will travel to *Vancouver* on a B.C. ferry and visit such sites as Capilano Suspension Bridge, a swinging bridge suspended over a river canyon, and the Vancouver Aquarium that displays hundreds of local and tropical fish plus otters. Participants will have free time to explore the many tourist areas and shops that Vancouver has to offer.

www.tourismvancouver.com

Meals are not included on day trips.

4. Homestay Accommodation

Homestay is a wonderful opportunity for students to learn about Canadian family life and customs. Students are able to practice their English and receive help in a variety of areas that can be confusing to newcomers. Host families involve our program participants in their everyday activities and include them as members of their families. The students will have a comfortable room and be provided with breakfast, a bag lunch and dinner. Most students will have to commute by public transport to VIU, and all homes are within 1-hour commute time to the University. Students will be placed two per home.

PROGRAM COST

Individual Student Cost: Students can choose 2, 3, 4, 5 or 6 week programs. Prices are listed on our website: www.viu.ca/highschool

Custom Group Cost: Please contact us for our custom group program rates.

Included in the Program:	Not included in the Program:
<ul style="list-style-type: none"> ⇒ One escort who would act as an interpreter in homestay accommodation; ⇒ Homestay accommodation; ⇒ Three meals per day provided by the host family; ⇒ Tuition fees; ⇒ Emergency medical insurance; ⇒ Farewell reception for students and their hosts at the end of the program. 	<ul style="list-style-type: none"> ⇒ Personal expenses or costs incurred during free time; ⇒ Daily travel from home stay to MHS and return (approximately \$4.00 per day); ⇒ Notebooks and pens required for class; ⇒ Return travel from the group's home country to Nanaimo; ⇒ Meals before arrival at VIU in Nanaimo and upon leaving at the end of the program.

SAMPLE 6-WEEK PROGRAM SCHEDULE

Week 1: Tourism

Week 2: Forests and First Nations

Week 3: Sports and Leisure

Week 4: Oceans and Lakes

Week 5: Culture and Lifestyle

Week 6: Performing Arts and Entertainment

Sport, leisure and entertainment will be integrated into the 6 week program so that students can appreciate our west coast Canadian lifestyle.

Here is a sample schedule for 6 weeks

TOURISM							
WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
am	ARRIVAL	Orientation	Class E-Journal	Newcastle Island	Class Tourism	Class E-Journal	Free time
	Nanaimo Airport pick-up	Campus tour City tour	Rathrevor Provincial Park	Dragon Boat BBQ	Explore VIU: Tourism and Recreation	Create tourist guides	With host Families
pm		English Assessment (If needed)	Mini Golf	Dragon Boat Races	Nanaimo Sights Tour Scavenger hunt	Campus sport and recreation	

FORESTS and FIRST NATIONS							
WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
am	Free time	Class: Explore VIU: Forestry Program	Class: Forests First Nations	Field Trip Coombs Englishman River Falls	Class: Forests First Nations	Class: E-Journal Explore VIU: Athletics	Free time with Host Families
pm	with host families	First Nations	Totem Poles activity	Cathedral Grove	Sport: Lacrosse	World Cup Soccer	
SPORTS AND LEISURE							
WEEK 3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
am	Free time	Class: VIU: Culinary Arts Program	Class Talent show preparation	Field Trip Victoria	Class: Active Health	Canadian Breakfast Class E-Journal Nutrition	Free time with host families
pm	with host families	OPTIONAL GOLF CAMP AT FAIRWINDS GOLF CLUB DURING WEEK 3					
		Health Fitness testing Nutrition	Celt fest	Provincial Museum Undersea Gardens	Dance Karate Yoga	Sport Recreation	
OCEANS and LAKES							
WEEK 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
am	Free time	Explore VIU: Aquaculture Sturgeon Studies	Class: E-Journal Ocean Studies	Field Trip Vancouver: Robson Street Stanley Park	Class Presentations	Class Presentations	Free time with host families
pm	with host families	Pacific Ocean	Fishing	Vancouver Aquarium Gas town	Westwood Lake Canoe	Beach crawl	
CULTURE AND LIFESTYLE							
WEEK 5	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
am	Free time	Explore VIU: Music program Visual Arts	Class Talent show preparation	Field Trip Victoria	Explore VIU: Performing Arts	Performances	Free time with Host Families
pm	with host families	Art / Music Project	Bowling	Provincial Museum Undersea Gardens	Karate Yoga	Sport and Recreation	
PERFORMING ARTS and ENTERTAINMENT							
WEEK 6	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
am	Free time	Class: E-Journal Reflection	Class: E-Journal Talent Show Game Show	Field Trip Vancouver: Metro Town	Class Presentations	Class Presentations	DEPARTURE
pm	with host families	Talent Show Game Show	Gogo Concert	Robson Street	Dance Drama	Farewell Party Student Performance	