

***Celebrating 40 Years of
Intercollegiate Athletics***

**BCCAA Week 16
2009-2010**

BCCAA
British Columbia Colleges' Athletic Association
VOLLEYBALL

Athlete of the Week - Award # 29

MALE Recipient



Rafal Korkowski
Men's Volleyball
Vancouver Island University

Rafal Korkowski is in his first year in the BCCAA but fourth year of eligibility having had past experience with the University of Manitoba Bisons where he won 2 CIS National Championships in 1999 & 2000 as well as 2 Junior National Championships. In addition to his volleyball experience, Rafal was one of Canada's top Olympic Lifters, where he received the following achievements: 1992-2009 - Manitoba Weightlifting Athlete of the Year & Record Holder and 2002-2005 - Canadian Weightlifting National Team member.

This weekend Rafal led the Mariners to two 5 sets victories over a tough CBC Bearcats team. Rafal had an impressive 44 kills (4.4 per game), 3 blocks, and 6 digs for the weekend. With both matches going the distance, Rafal came up big in each 5th set with key kills and more importantly with the match-winning kill in both matches. Additionally, Rafal served well continuously putting the Bearcats into tough situations. Overall, without Raf's performance this weekend, the Mariners would not have come away with two wins!

FEMALE Recipient



Alycia Bradstock
Women's Volleyball
UBC Okanagan

Alycia Bradstock is a 3rd year setter for UBC Okanagan and a graduate of HJ Cambie Secondary in Richmond. At UBCO she has developed into a true leader and is a co-captain of the Heat squad. Whether she is on the floor as a setter or coming off the bench as a serving specialist, Bradstock always provides an extra spark and energy to our team.

Bradstock had 2 very solid matches for the Heat. In a weekend where UBCO swept the COTR Avalanche, Bradstock kept the offence unpredictable and the other team off balance by spreading her sets around. In Friday night's match, Bradstock tallied 2 kills, 1 ace and 7 digs in a 3-0 set victory. On Saturday, UBCO once again defeated the Avalanche in straight sets 3-0. Bradstock tallied 3 aces and 3 digs.

Next up for the Heat is a home stand vs the Douglas College Royals of New Westminster, February 5th and 6th, 2010. UBC Okanagan sits idle from league play this coming weekend.

Week Ending Sunday, January 24th, 2010