

***Celebrating 36 Years of
Intercollegiate Athletics***

**BCCAA Week 18
2005-2006**

BCCAA
British Columbia Colleges' Athletic Association
VOLLEYBALL

Athlete of the Week - Award # 27

MALE Recipient



Ben Rahier
Men's Volleyball
Malaspina University College

Ben is in his 2nd Year with the Mariners. Prior to coming to Nanaimo, Ben earned many accolades with his high school team. He won 2 Provincial Championships, 2 all-star awards and 1 Spike Competition Championship. He also won a club Silver Medal in 2004 with the MVP award and participated on the BC Team for 5 years.

This past weekend, Ben's energy and enthusiasm helped lift the Mariners to both victories over Capilano this past weekend. Ben compiled 19 kills (0.580 kill efficiency), 8 blocks, 1 dig and 1 ace in the first match this weekend. On Saturday, Ben tallied 9 kills, 6 blocks and 1 dig to help his team sweep Capilano.

Ben is one of the leaders on the Mariners and this weekend, he took it upon himself to lead his team on and off the court. When the games were close and the team needed to step it up, Ben was able to do so and helped his team finish off the games.

Next up for the Mariners are the Provincial Championships.

FEMALE Recipient



Jessica Wolford
Women's Volleyball
Malaspina University College

Jessica is in her 2nd year with the Mariners. Due to a shortage of middles last season, Jess was forced to handle most of the workload in that position. This added pressure was overwhelming at times, however, with hard work and added confidence, Jess returned this year as the Mariner's top middle attacker. Her work ethic and positive attitude has allowed her to excel and to overcome the pressure of last season.

Jess was the driving force in Malaspina's dominating wins this past weekend. The Mariners needed one out of two wins to clinch 1st place in the BCCAA. Being up against longtime rivals Capilano and the current #2 ranked team in the country (Week 17) deemed a huge challenge for the Mariners. Jessica was a blocking machine on Friday recording 14 blocks, 7 of which were stuff blocks and had 5 kills and 2 digs. She continued her strong play on Saturday in a match that mathematically meant nothing. She would record 8 kills, 2 stuff blocks and 2 digs.

Next up for the Mariners are the Provincial Championships.

Week Ending Sunday, February 19th, 2006