

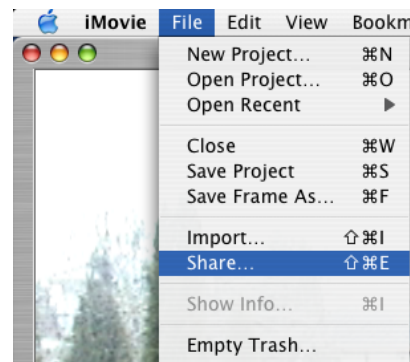
Creating Videos for PowerPoint – Handout 5

Welcome to the FIFTH in a series of How-to articles about using Malaspina University-College's Macintosh Video Editing Suites. This is meant only as a helpful guide, you must consult with a Malaspina Media Technician before using the Video Suites the first time.

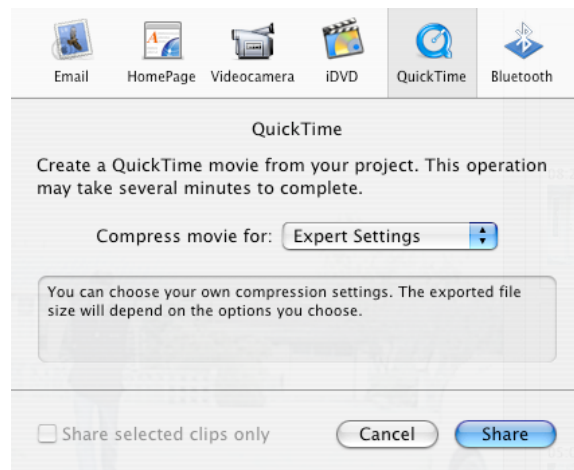
I'll walk you through the basics of exporting (sharing) your video from iMovie into a file that can be inserted into a PowerPoint presentation. I will also show you how you can take that file and burn it onto a CD-R disc, so that you can take it with you. If you have not yet created your video please see Video Learner Series handouts 1-4.

Sharing your video from iMovie

1. **File > Share...**



2. Click **QuickTime**



3. Select **Expert Settings** from the drop-down menu

4. Click **Share**

5. Select **Movie to AVI** from the **Export** drop-down menu

6. Click on **Settings** under **Video**

7. Select **Cinepak**

Millions of Colors

Medium Quality

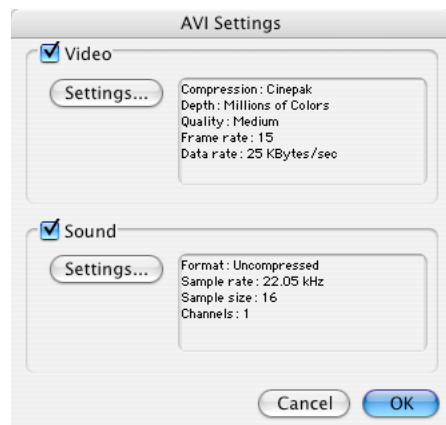
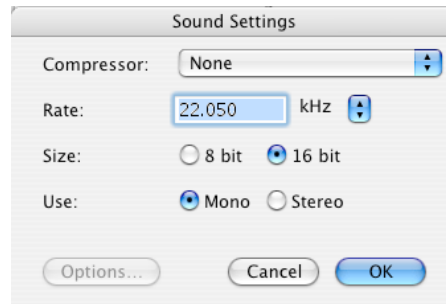
and

15 Frames per second:

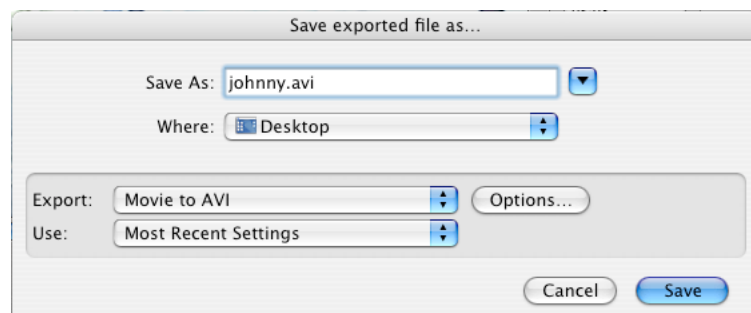
8. Check the **Limit data rate to** check box and set it to **250 KBytes/sec** (this will keep a 2 minute video under 10 MB in size)
9. Click **OK**



10. If you want sound in your video make sure the **Sound** check box is checked and click on the **Sound Settings** button
11. Select **None** from the **Compressor** drop-down menu
12. Select **22.050 KHz** from the **Rate** drop-down menu
13. Select a **Size** of **16 bit** and **Use Mono** sound
14. Click **OK** for **Sound Settings**
15. Click **OK** for **AVI Settings**



16. Type a name for your video in the **Save As** field and pick **Desktop** from the **Where:** drop-down menu
17. Click **Save**

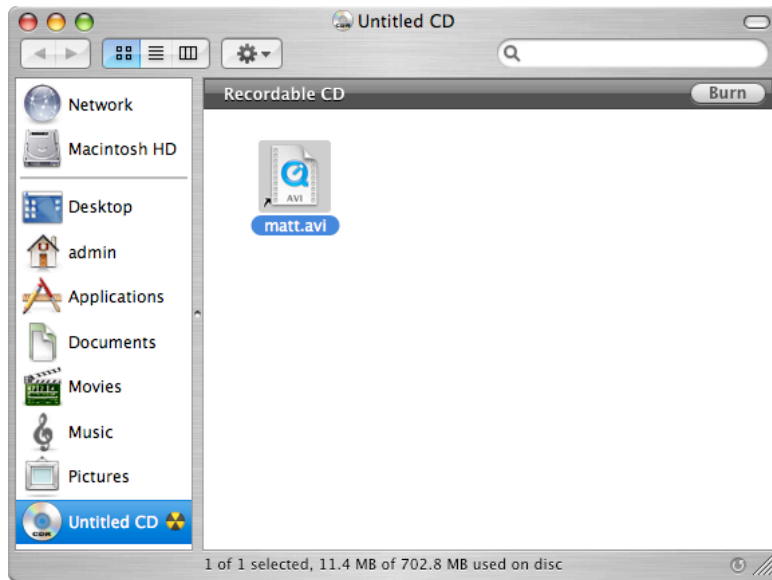


Burning your Movie to Disc

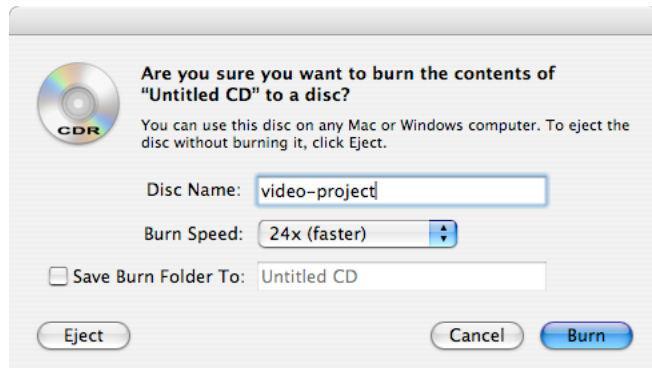
1. Save and quit iMovie.
2. Press the **Eject** key on the top right hand corner of the keyboard. Insert a blank CD-R disc into the CD-ROM tray in the computer tower. Press the **Eject** key again to close the drive.
3. A CD icon will show up on the desktop. Double-click on this icon



4. Drag your video file(s) to the open window.
5. Click the **Burn** button on the top right corner of the window.



6. A dialog box will appear. Type a **Disc Name** for your CD and click the **Burn** button.



7. A notification window will appear giving you an estimated time for completion.
8. Your finished CD will be on the desktop. You can press the Eject key on the top right hand corner of the keyboard to eject it.

