

Quality Meats

THRIFTY FOOD'S BEEF SALE

from the
Nicola Valley,
B.C.



CUT FROM CAN. "A" GRADES
Boneless Blade Steaks or Roasts 4.37 kg..... **1⁹⁸** lb.

CUT FROM CAN. "A" GRADES
Boneless Cross Rib Steaks or Roasts 5.25 kg. **2³⁸** lb.

CUT FROM CAN. "A" GRADES
Boneless Top Sirloin Steaks or Roasts 6.57 g.. **2⁹⁸** lb.

THRIFTY QUALITY, ALL SIZES
Lean Ground Beef 3.70 kg..... **1⁶⁸** lb.

CUT FROM CAN. "A" GRADES
Sirloin Tip Roast or Steaks 6.13 kg..... **2⁷⁸** lb.

CUT FROM CAN. "A" GRADES
Boneless Bottom Round Steak or Roasts 5.03 kg. **2²⁸** lb.

CUT FROM CAN. "A" GRADES
Boneless Braising Strips **2²⁹** lb.



CUT CAN. "A" GRADE
Boneless Top Round Steak or Roasts 5.91 kg..... **2⁶⁸** lb.

CUT FROM CAN. "A" GRADES
Prime Rib Roast **3⁷⁸** lb.
8.33 kg.....

CUT CAN. "A" GRADE
T-Bone or Porterhouse Steak 9.88 kg..... **4⁴⁸** lb.

GREAT FOR STEW OR PIES
Stewing Beef cut up 4.81 kg..... **2¹⁸** lb.

CUT FROM CAN "A" GRADES
Wing Loin Steaks 9.66 kg..... **4³⁸** lb.

CUT FROM CAN. "A" GRADES
Centre Cut Beef Shank **2¹⁸** lb.

THRIFTY, FROZEN
Beef Burgers 2 kg. box **6⁹⁸**