

Easy as ABC!



Island Farms Multipack Yogurt

Assorted
12 pack



4⁹⁸
Each

McGavin's Bread

100% Whole Wheat
White or Smart
White Whole Grain
567-570g



4 \$5
FOR

Maple Smoked Ham

Sliced or Shaved



1²⁹
Per 100g

McIntosh Apples

Canada Fancy
Product of BC
\$1.50/kg



68¢
Per lb

Organic Bananas

\$1.52/kg



69¢
Per lb

Quaker Chewy Granola Bars

or Dips
Assorted
150-210g



2 \$4
FOR

West Coast Trail Cookies

12 Pack



3⁹⁹
Each

**THRIFTY
FOODS**