

Bachelor of Arts, Majors and Minors

PHYSICAL EDUCATION

A Major and Minor are offered

General Description

The Sport, Health, and Physical Education program provides students with the knowledge and experience to pursue numerous careers in physical education (e.g., education, fitness/wellness management, movement science, outdoor leadership, physical therapy, coaching, athlete development, and sports management). Students will explore the nature of human movement and learn essential skills to communicate, administrate, and lead groups in physical activity settings. In addition, students will gain an appreciation of the disciplinary knowledge and its application to various physical activity-related professions. The program provides students with diverse learning environments and applied experiences including lectures, labs, activity classes, online learning, and applied research. The objective is to prepare undergraduates in the field of physical education with the skills, knowledge, and experience to promote physical activity and healthy lifestyles.

Requirements for a Major

Students must fulfill all the Institutional B.A. degree requirements, including Degree English Requirements and courses listed below:

Years 1 and 2: PHED 201*, 202, 220*, 260, 280, and a minimum of nine (9) one-credit analysis courses (PHED 100-level).

** These courses fulfill the Lab/Science requirements for the Education program.*

Years 3 and 4: (a) PHED 302, 351, 371, 391, 400, 460, 461, 480, and 491; (b) plus PHED 401
**PHED 401 will not be offered in the 2008/2009 academic year, the following courses may be taken in lieu of the PHED 401 requirement: PHED 320, 352, 370, 451, 473; (c) six credits of upper level PHED electives.

Requirements for a Minor

Students must fulfill all the Institutional B.A. degree requirements, including Degree English Requirements and courses listed below:

Years 1 and 2: PHED 201*, 202, 220*, 260, 280, and a minimum of 6 one-credit analysis courses (PHED 100-level).

** These courses fulfill the Lab/Science requirements for the Education program.*

Years 3 and 4: PHED 302, 351, 400, 460, 461, and a 3 credit upper-level PHED elective.

Note: Contact the Physical Education Advisor or the B.A. Degree Advisor for more information.