

## Health Programs

# Health Care Assistant

- **24-Week Certificate Program**
- **Offered at the Nanaimo, Cowichan and Powell River campuses**
- **Program Fees: Domestic Students, International Students**
- **Apply for Admission: Forms and Information**

*Note: The Health Care Assistant program was formerly called the Home Support/Resident Care Attendant program.*

## The Program

This program is designed to provide students with the theory and skills required to become a caregiver. The major focus is in providing care for people experiencing changes in their functional abilities. This program is offered full-time.

## Career Opportunities

The program prepares students for employment in complex care facilities, extended care units, home support agencies and residential settings. Graduates will work primarily with older adults.

## Admission Requirements

- General admission requirements apply.
- English 12 or equivalent, or assessment test at the Grade 12 level.
- Completion of a Personal Profile form.
- Interview with program faculty.

## Notes on Admission

- A criminal record check will be required for some agencies/facilities.
- All admission requirements must be completed and submitted to the Registration Centre before an application will be processed.
- A completed Immunization Requirements Form is required for the **first day** of classes.
- Standard First Aid is required (which includes CPR Level "C"). Courses are offered through VIU's Centre for Continuing Studies for Nanaimo, Duncan, and Powell River.
- Proof of W.H.M.I.S. training is required for the **first day** of classes. Courses are offered through VIU's Centre for Continuing Studies for Nanaimo, Duncan, and Powell River.
- Foodsafe Level I certificate (Contact the Centre for Continuing Studies at 250- 740-6160 or email: [ccs@viu.ca](mailto:ccs@viu.ca) for information on Foodsafe course offerings).
- Students with back problems or an inability to work freely in confined spaces may have difficulty meeting the physical demands of this profession.
- Admission to the HCA - Aboriginal Focus program: when offered, admission of qualified applicants who have stated Aboriginal ancestry will be given priority.

## Recommended Personal Characteristics

Before applying for this program, students should learn as much as possible about this career. We encourage students to volunteer in a health care facility to familiarize themselves with the role of the Health Care Assistant. The following traits are critical for student success:

- sensitivity to the needs of others;
- ability to move freely in confined spaces;
- ability to speak confidently with people of all ages;
- ability to pay close attention to detail;
- ability to work quickly with accuracy and efficiency;
- ability to manage time effectively and handle responsibility;
- ability to problem-solve effectively in a limited time span;
- excellent oral and personal hygiene;
- willingness to show commitment to program by regular attendance;
- ability to be punctual on a consistent basis;
- ability to participate in own learning by displaying preparedness for class and clinical settings;
- ability to perform basic home management and cooking skills.

## Start Date and Application Deadline

Applications are accepted on an ongoing basis. Usual start dates for the Nanaimo campus are September and February. Start dates may vary at the Cowichan and Powell River campuses. For further information regarding intake dates and program contacts check the Program Availability List for the Nanaimo, Cowichan, and Powell River campuses.

## Program Outline

<b>Phase I*</b>	<b>Credits</b>
HCAS 101T - (Health: Interpersonal Communications)	.9
HCAS 102T - (Health: Lifestyle and Choices)	.7
HCAS 103T - (Health Care Assistant: Introduction to Practice)	1.1
HCAS 104T - (Health and Healing: Concepts of Growth and Development)	.5
HCAS 105T - (Healing: Common Health Challenges)	.9
HCAS 106T - (Healing: Cognitive or Mental Challenges)	1.1
HCAS 107T - (Healing: Personal Care and Assistance)	2.7
HCAS 111T - (Practice Experience I)	1.1
<b>Phase II**</b>	
HCAS 121T - (Practice Experience II)	6.8
<b>Phase III</b>	
HCAS 131T - (Practice Experience III)	2.3
<b>Total Credits</b>	<b>18.1</b>

\* Phase I courses must be successfully completed prior to starting Phase II.

\*\* Phase II course must be successfully completed prior to starting Phase III.

## Health Care Assistant - Aboriginal Focus

- **28-Week Certificate Program**
- **Offered at the Cowichan campus**
- **Program Fees: Domestic Students, International Students**

**Note:** The Health Care Assistant - Aboriginal Focus program is not currently being offered.

## Program Outline

<b>Phase I*</b>	<b>Credits</b>
HCAA 101T - (Health: Interpersonal Communications)	1.4
HCAA 102T - (Health: Lifestyle and Choices)	.9
HCAA 103T - (Health Care Assistant: Introduction to Practice)	1.5
HCAA 104T - (Health and Healing: Concepts of Growth and Development)	.7
HCAA 105T - (Healing: Common Health Challenges)	1.1
HCAA 106T - (Healing: Cognitive or Mental Challenges)	1.1
HCAA 107T - (Healing: Personal Care and Assistance)	3.3
HCAA 111T - (Practice Experience I)	1.1
<b>Phase II**</b>	
HCAA 121T - (Practice Experience II)	6.8
<b>Phase III</b>	
HCAA 131T - (Practice Experience III)	2.3
<b>Total Credits</b>	<b>20.2</b>

\* Phase I courses must be successfully completed prior to starting Phase II.

\*\* Phase II course must be successfully completed prior to starting Phase III.

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