

Academic and Career Preparation Programs

Foundations for Success

- **Each course runs 15 weeks**
- **Program Fees**
- **Apply for Admission: Application Form**

The Program

The program is composed of six three-credit courses designed to support students as they transition into post-secondary programs. Three credits from the Foundations Program may be applied towards a VIU degree as an unassigned elective.

Career Opportunities

The program is not intended to connect to a career directly. Rather, the research shows that adult students with adequate preparation and support tend to have higher degree and professional program completion. The Foundations for Success courses represent a pathway to the academic success that a career can be built on.

Admission Requirements

Minimum of 17 years of age; must meet applicable Foundations course prerequisites.

Recommendations for Admission

The Foundation program is recommended for mature students who are returning to education or students in transition from high school into post-secondary studies who wish to improve their academic skills.

Notes on Admission

Limitation of academic credit should be discussed with an advisor as part of the consultation process on admission. Credit that can be used towards degree completion at VIU is limited to one single Foundation course (3 credits).

Start Date and Application Deadline

The program starts in September 2015 and applications for admission are accepted anytime.

Program Outline

Foundations for Success
FNFS 100 - (Writing for Success)
FNFS 101 - (Reading, Speaking, and Presentation Skills)
FNFS 102 - (Finding Careers that Fit: Exploring Meaningful Education and Career Paths)
FNFS 103 - (Succeeding Online: Tools and Technologies for Learning)
FNFS 104 - (Solving Calculus Problems)
FNFS 105 - (Elements of Anatomy and Physiology: Techniques to be Successful in Health Sciences)