

Archived: September 9, 2021

## **Trades and Applied Technology Programs**

# **Esthetics and Spa Therapy**

**Location Offered:**

Parksville Qualicum

**Credential:**

Certificate

**Program Length:**

8 Months

## **The Program**

The Vancouver Island University Esthetics and Spa Therapy Program is offered annually at the Parksville and Qualicum Center. This 810-hour (8-month) program is delivered on a full-time basis, four days a week, Tuesday to Friday, 9 am to 4:15 pm.

Under the guidance of well trained and experienced instructors, students in this program will develop a thorough understanding of both theoretical and practical components associated with the Esthetics and Spa Therapy profession. The theoretical component of this program is taught in-person and online using a variety of teaching and learning activities and methods. These approaches aim to ensure students develop a full understanding of the theoretical knowledge necessary to perform a wide variety of services on the general public. Students develop their technical skills through practical hands-on training in the Student Spa Clinic under the guidance of highly trained and skilled instructors. The Student Spa Clinic provides a unique opportunity for students to practice and hone their skills in a real spa environment while learning how to establish relationships with real clients. Students are guided in the development of skills, abilities, and product knowledge in order to offer excellent service to clients upon graduation.

Upon successful completion and graduation from the program, students will have industry level skills to work as a professional esthetician in any of the following settings or capacities:

- Day spa
- Resorts, destination and cruise ship spas
- Hair salons
- Private business
- Performing arts
- Industry sales and promotion.

Esthetics and Spa Therapy Certificate Program topics include:

- Career Essentials
- Microbiology, Health and Hygiene
- Anatomy and Physiology
- Skin Physiology
- Colour Theory
- Client Care
- Facials

- Natural Manicures
- Natural Pedicures
- Lash and Brow Tinting
- Day and Night Make-up Applications
- Relaxation Massage
- Hair removal
- Body Treatments

## Program Outline

Year 1	Credits
ESPA 101T - (Career Essentials)	1.5
ESPA 102T - (Microbiology: Health and Hygiene)	1.5
ESPA 103T - (Anatomy and Physiology)	1.5
ESPA 104T - (Skin Physiology)	1.5
ESPA 105T - (Esthetic Services and Treatments)	3
ESPA 106T - (Spa Body Services and Treatments)	3
ESPA 107T - (The Art and Science of Make-Up and Non-Surgical Enhancements)	1.5
ESPA 108T - (Experiential Learning: Clinic and Spa Module Phase 1)	1.5
ESPA 109T - (Experiential Learning: Clinic and Spa Module Phase 2)	3
ESPA 110T - (Experiential Learning: Clinic and Spa Module Phase 3)	6
<b>Total Credits</b>	<b>24</b>

*Students are enrolled in all courses in the fall*

## Admission Requirements

- Grade 12, or equivalent, or mature student status.
- Minimum of 17 years of age.
- Successful completion of a Personal Profile.
- Students may be interviewed by program staff and industry.

### Notes on Admission

- Good hand-eye coordination.
- Physically fit and able to stand all day.

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